

Sports Physical Requirements Information

An annual sports physical is required for all students participating in interscholastic sports. The completed physical examination form must be on file before the first practice session begins. The athlete is responsible for turning in a copy of their physical to the coach. The sports physicals are good for one year from the date of the examination. The required school health examination of all sixth and ninth graders will meet this requirement. The form for school health examinations may be used for sports physicals. The Illinois High School Association/Illinois Elementary School Association Sports Physical Form may not be used for a school health examination. If a transfer student obtains a school health examination to meet health compliance requirements, it will meet this sports physical requirement also.